



PRESS RELEASE

For Immediate Release

Contact: _____

Office: MISA-USA _____ Branch

Email: _____

The Massage in School Program is now in _____!

The **Massage in Schools Program** began in Europe over 10 years ago. Now the Massage in Schools Association-USA will host an event/instructor training on _____ to showcase this unique and successful tool for providing nurturing touch in the classroom setting. When implemented, this program helps to reduce children's stress levels and works to create a calm and productive learning environment. As a result, levels of aggression and bullying have been reported to decrease and students have shown an increase in confidence and self esteem.

The MISA-USA's mission is to provide high quality and professional training to all teachers and caring adults willing to bring nurturing touch into schools. The **Massage in Schools Program** is an approved continuing education provider through the National Certification Board for Therapeutic Massage and Bodywork.

The Massage in Schools Association was co-founded by Sylvie Hetu and Mia Elmsater in 2000, and now has 64 instructors in 15 states around the nation including _____, _____, and _____. Two non-profit branches have been established in Colorado and Utah. More information can be found on the website: www.misa-usa.com or on Facebook MISA-USA.

Please contact _____ to discuss the possibility of implementing the **Massage in School Program** at your school.